

# An artistic tour

**ART REPORT**  
By RIMA ALHADDAD  
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**A**RT enthusiasts in the kingdom can win a stunning piece of work by renowned Bahraini artist Abbas Almosawi, who will be holding a raffle draw as part of a series of 12 exhibitions being held across Bahrain to celebrate 50 golden years of his creative journey.

People seeking to take part in the draw must visit all 12 exhibitions where they can get their cards 'stamped' as proof. They must then drop it at the Abbas Almosawi Gallery located in Al Qurayyah.

The raffle will be held by the end of the month and multiple winners will be announced in a grand ceremony - the date and venue for which will be announced later.

Lucky winners will also take home other exciting prizes such as merchandise and gift vouchers.

The initiative runs until the end of the year and coincides with Bahrain National Day, which is celebrated on December 16 and 17.

"I introduced the stamp system to encourage people to visit all locations and also to reward them for putting in the time and energy to explore the art," Abbas told *GulfWeekly*.

The renowned artist decided to exhibit his works at various locations, instead of a museum, as he wanted to provide art lovers - especially those who are new to the kingdom - an opportunity to discover different cities in Bahrain. He also hopes to target passers-by who might be interested in art.

"I wanted to collaborate with malls and institutions to make art more accessible, and to have people of all kinds exposed to it," Abbas said "If you display your art in museums, you will only have your people show up, who are familiar with your work, or people who are artists or



**MAGNIFICENT:** A painting of the Arabian horse displayed at Seef Mall in Seef District

traditional spaces, among other things.

The art series ties in various themes, bringing alive Bahrain's rich heritage and

tradition.

Seef Mall, located in Seef District, for instance, is showcasing *Modernity and Authenticity*, which centres

around the magnificent Arabian horse. The paintings depict strokes of genius, displaying this majestic beast through the eyes of the artist.

Another one in the series focuses on the theme women. Exhibited at Riyadat mall in A'ali, the artworks present the painter's creative interpretations, paying a tribute to the 'feminine'.

A 'son of the environment', Abbas' art, which is based on the school of impressionism, is largely inspired by nature. Impressionism is a 19th-century art movement, characterised by relatively small, thin, yet visible brush strokes, accurate depiction of light, and unusual visual angles, among other things.

The artist, who majored in interior design from Cairo University, has a repertoire of more than 3,000 paintings, and has used his skill to spread peace.

In 1991, he launched the Art for Peace project, during the Gulf War, and was able to get his message to the United Nations session in Geneva in 2000.

For more information, follow @abbasalmosawiart and @coebahrain on Instagram.

**“I introduced the stamp system to encourage people to visit all locations and also to reward them for putting in the time and energy to explore the art.”**

interested in art. But I want passers-by to be captured by the art and stop to observe it.

"I'm thankful for the support of the Tourism Ministry.

"I have curated this 'celebration' for the benefit of visitors and tourists by exposing them to vibrant art, and also to encourage them to discover Bahrain at the same time, as I chose stops that are in different areas in the kingdom," he added.

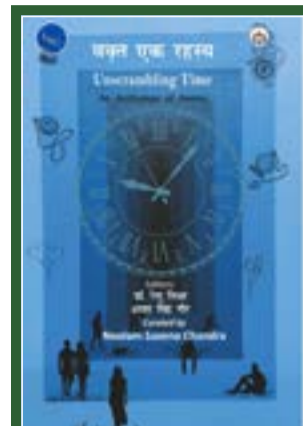
The initiative kickstarted in November, when the first exhibition entitled *50 Years of Art and Peace* was unveiled at Bahrain Authority for Culture and Antiquities' (Baca) art centre. The showcase portrayed fond memories from his childhood and his deep connection with the sea, harbours and



**CREATIVE:** Abbas

## EXHIBITION VENUES

1. *50 Years of Art* at Art Centre, Manama
2. *Spirit of the Desert* at Seef Mall, Muharraq
3. *The Magic of Light* at Mall of Dilmunia, Muharraq
4. *The Harbour* at Four Seasons Hotel Bahrain Bay
5. *Colours Movement* at The Domain Hotel and Spa, Diplomatic Area
6. *ANNADA* at ANNADA store in Seef Mall, Seef District
7. *Modernity and Authenticity* at Seef Mall, Seef District
8. *Gardens* at ANNADA Gallery, Al Musalla
9. *Suq* at Bahrain Artistic Frames Centre, Budaiya
10. *Women* at Riyadat Mall, A'ali
11. *Old Days* at Fraser Suites Al Liwan
12. *The Land of Peace* at Abbas Al Mosawi Gallery, Al Qurayyah



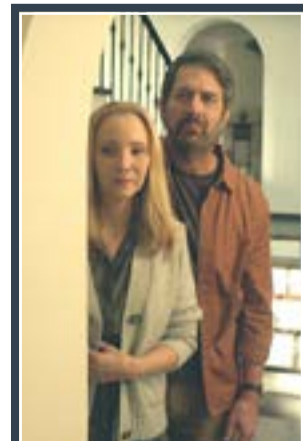
**TIMELY VERSES**  
New book release  
SEE PAGE 2



**EXPRESSIONS GALORE**  
A dance journey  
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**LEISURE SCENE**  
Food and fun  
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**PULSE OF POP**  
Movies, music & more  
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BOOK REPORT  
By MELISSA NAZARETH  
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**F**OUR Bahrain-based wordsmiths have been spotlighted in the bilingual poetry anthology *Waqt ek Rahasya* (Hindi for 'time is a mystery'), which features creative interpretations of the construct, and will be officially launched on Saturday.

Homemaker and 'teacher at heart' Garima Kapoor, 47, educator Nivedita Roy, 53, artist Pallavi Jain, 51, and architect and painter Sudeep Deshpande, 43, have contributed to the collection of Hindi and English poems by 62 poets from Bahrain, India and the US.

The book has been curated by India-based award-winning poet Neelam Saxena who leads the Literary Warriors Group – a set of like-minded individuals who connect for their love of the written word.

The Indian expatriates from the kingdom are active members of the group.

Dr Renu Mishra and Asha Singh Gaur, also from the sub-continent, have edited the publication. In addition to being published poets, they pursue diverse interests, from arts to social work and are accomplished in their fields. Asha has also designed the cover.

Um Al Hassam resident Garima, who has been living in Bahrain with her husband Deepak Mittai and daughter Diya for the last 17 years, has participated with the Hindi poem *Waqt, khud ko thoda aur waqt de* (Time, give yourself more time), which brings alive the rat race that most people live.

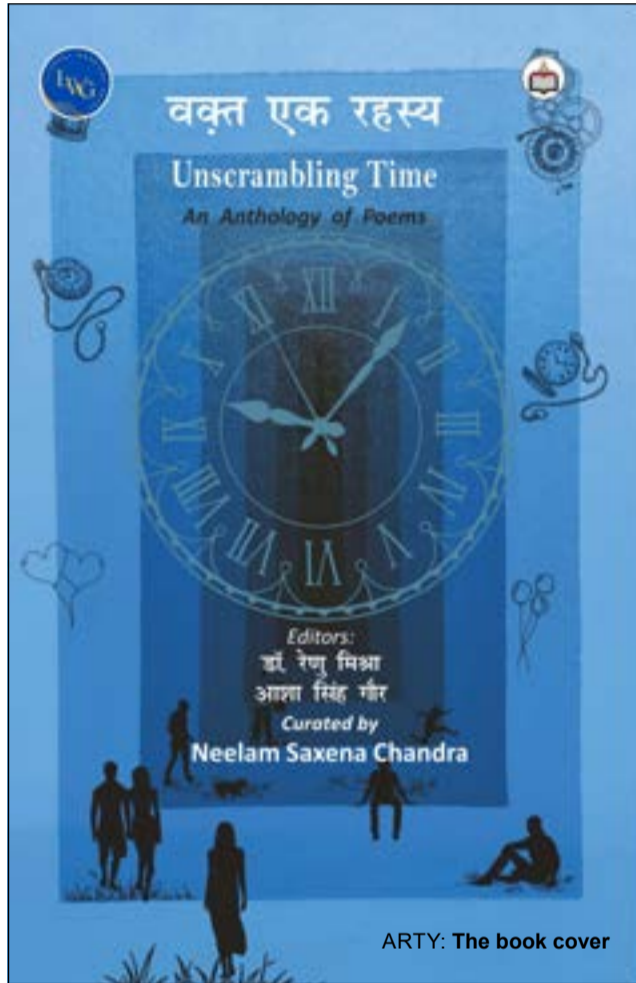
"There is hardly any time to sit back and thoroughly enjoy life with a carefree mind," the Indian from Patna city, told *GulfWeekly*.

"In this poem, I have requested for time to slow down and urged readers



TALENT: Pallavi with her painting depicting the 'flow' of time

# Bards of Bahrain



ARTY: The book cover

to 'give themselves more time'," she added.

Garima has also contributed *Samay* (time), which touches upon the 'importance and power of time'.

"Time turns its wheels and makes us aware of many things," she noted.

Al Raja School teacher Nivedita, who has delved into a timely sub-theme for one of her entries, said: "My Hindi poem *Naya Saal* (New Year) expresses how we move into the New Year, hoping for better days, while we gather

some memories of the year that has passed."

"In my English contribution *Weaving On*, my quill has delved into various emotions that cry for escape and healing as we face umpteenth upheavals over time – pleasant and unpleasant surprises during the course of life," the creative talent from Lucknow added.

The Adliya resident is set to host the



SKILLFUL: Sudeep

book launch at the Pune International Literature Festival on Saturday.

Environmentalist Pallavi has looked to her muse – nature – for her verses. In her English poem entitled *Flow*, she compares time to a river – they both flow.

"The verses are inspired by my advice to my son when he left Bahrain to pursue his higher education," the creative who grew up in Uttarakhand state said.

The Saar resident even created an artwork to express the idea through a different medium, which she exhibited at a local art and poetry exhibition in October.

"My Hindi contribution entitled *Waqt* (time) explores



CREATIVE: Nivedita



ALL SMILES: Garima

the importance of time.

Writing for the anthology has been a meditative experience and brought me solace and peace," she added.

Sudeep Deshpande, who lives with his wife Snigdha and their many feline fur babies in Adliya, has contributed a Hindi poem to the anthology, which explores 'transitions'.

"In my verses, I talk about the 'waves' or transitions that one will face when one's time of achievement arrives," the Indian expat from Nasik who has had a base in Pune for the last 28 years, explained.

"There will be 'tests' and opportunities for 'growth', when one walks on one's destined path, and one will go through a state of dilemma, self-doubt, and self-conflict. But there will be 'desire' and 'curiosity' too that will keep one going," he added, explaining the thought process behind his work.

Sudeep warned that the 'path' is often lonely but when people face it and move forward, they will be in rhythm with their path and that's the moment when the 'destiny of one's achievement is born'.

*Waqt ek Rahasya* is available on *Amazon*.

## BRAIN-BUSTERS

Quizmaster and *Radio Bahrain* host Shannon Crockett, who has been entertaining people across the island with his brain-teasing quiz night sessions, has offered to put *GulfWeekly* readers' general knowledge to the test. Join in the fun every Thursday with Shannon's seven brain-busters.



1. Sir Alex Ferguson won the £1 million Bahrain International Trophy, for a second time last month, with which horse?

2. The oldest expat members club was called The Bahrain Sports Club. What is it called today?

3. Last month, Bahrain opened a world academy for which sport?

4. What is the name of the popular disappearing island off the coast of Bahrain that you can only visit at certain times in the year?

5. What is the current tallest building in

Bahrain?

6. In 1966, following the devaluation of the Indian rupee, which other Middle Eastern city adopted the Bahraini dinar?

7. Bahrain and Qatar are moving forward to build a bridge between the two nations. What is the name given to the bridge?

1. Spirit Dancer  
2. The Indian Club  
3. Padel  
4. Jarada Island  
5. Four Seasons Hotel  
6. Bahrain Bay  
7. Friendship Bridge

ANSWERS

## Speak your mind!



THE New Year is around the corner and as we gear up to turn a new leaf, *GulfWeekly's* 'Speak Your Mind' feature series invites you, our family of readers, to share your views on: How do you plan to prioritise your mental health in 2025? Share your thoughts in no more than 100 words by emailing [gdnnews](mailto:gdnnews)

@gdnmedia.bh or @gdnonline on *Instagram* by December 25. We will publish a selection of the comments received in *GulfWeekly* and the top submission will win a box of Raw Candy vegan chocolates as a token of our appreciation. Together, let's get the conversation started!

# Dancing queen



Scan the QR code for the dance video



HONOUR: Dr Hassan being felicitated by Praveen, Prarthana, Preety and Hansul



GRACEFUL: Prarthana bringing alive a story through dance



## DANCE REPORT

By MELISSA NAZARETH  
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**C**lassical dancer and Indian expatriate Prarthana Praveen has staged her first-ever solo public Bharatanatyam performance at the age of 16, a dream she nurtured from the tender age of nine.

Arangetram or dance debut symbolises a 'graduation' ceremony, making the student eligible to pursue the art as a career through teaching or accepting commissioned performances.

The event, which was graced by Parliament's foreign affairs, defence and national security committee chairman MP Dr Hassan Bukhammas, and other important members of the community, was held at Ramee Grand Hotel and Spa, Seef. It featured eight solo acts by the grade 11 New Millennium School science stream student.

The 90-minute performance comprised eight acts, with breaks after the first three sets and then the next two – a difficult test, considering the physical effort and multiple attire changes, but the young talent was determined to take it to the end.

Bharatanatyam is one of the oldest Indian classical dance forms and is derived from *bhavam* (expression), *ragam* (music), *talam* (rhythm), and *natyam* (dance).

"This will always be an unforgettable milestone in

my journey as a classical dancer," the creative, who lives in Adliya with her parents Praveen Nambiar, Hilal Technology sales and operations director, and Ramanpreet Praveen, psychologist, author and film director, told *GulfWeekly*.

"The experience was a perfect blend of excitement, hard work, and personal growth," she added.

"Of course, it wasn't without its challenges – long rehearsals, nerves before the performance, and the pressure of getting every step perfect – but with the support of my teacher and the encouragement from my loved ones, I was able to

overcome those hurdles and truly enjoy the moment."

While Prarthana had been preparing for her big day since March this year, with daily practice sessions focusing on perfecting her technique, expression, and rhythm, she aspired to present her first solo performance more than two years ago. However, her dance teacher Hansul Ghani felt that she needed more time, according to mum Ramanpreet, better known as Preety.

"We were told she is ready to perform as part of a group, but we were very keen on a solo act. Well, the wait was worth it. We, as a family, are so proud of her achievement

and have watched her work dedicatedly towards this goal.

"I want to offer a special mention to Prarthana's dance teacher for training her and preparing her so well," Preety noted, adding that she had always wanted to train in dance but couldn't, making her daughter's achievement all the more exciting for her.

Preety went on to narrate the first time she observed a spark for dance in Prarthana. They were halted at a traffic signal on the way to Prarthana's school when the young talent saw a shooting star and said out loud, 'one day I will become the best Bharatanatyam dancer in the world'. The rest, as they say,

is 'her' story.

"From a young age, I was drawn to the grace and storytelling of Bharatanatyam, and as I grew older, I began to appreciate the discipline and spirituality it offers," the Bahrain-raised prodigy, who has an older brother Pranav, studying artificial intelligence and machine learning in Bangalore, India, explained.

"The sense of connection I feel when dancing, whether it's with my own body, the music, or the audience, has kept me inspired to continue learning year after year."

While Prarthana is still savouring the memories from her performance, she is clear

about the way forward.

"As I step into the New Year, my dance goals are centred on growth, consistency, and self-expression," she said.

"I aim to refine my technique further by focusing on perfecting my footwork, posture and expressions. I also want to challenge myself by learning more advanced choreographies and exploring new styles of dance to broaden my horizons.

"Along with technical improvement, I hope to deepen my emotional connection to each performance, allowing my storytelling to resonate more with the audience," she said.

## Tales from an Arab Anglophile

**A** BOOK about an Arab's fondness for the English culture has been launched by a Saudi author, who has also delved deep into the countries' 200-year shared history.

*Arab News* editor-in-chief Faisal Abbas unveiled *Anecdotes of an Arab Anglophile* at Bahrain's Shaikh Ebrahim bin Mohammed Al Khalifa Centre for Culture and Research.

The centre's founder and chairperson Shaikha Mai bint Mohammed Al Khalifa attended the event, which also hosted diplomats, researchers and other intellectuals.

The publication is a collection of stories that blend humour and cultural observations. It also features Faisal's personal experiences and is available at Jarir bookstore.

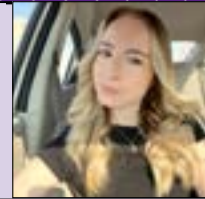


LAUNCH: Faisal with Shaikha Mai at the event. Right, the books on display



# Leisure Scene

What's on guide by  
Julia Cassano



## DINE IN THE LAP OF LUXURY AT RITZ

**M**AKE the holiday season memorable at the Ritz-Carlton Bahrain.

Get ready for a spectacular celebration and a range of culinary delights at the Grand Christmas Brunch. Enjoy live cooking stations and a tempting selection of delectable desserts at the ballroom. It costs BD60 per person, inclusive of selected beverages, BD45 inclusive of soft beverages and BD25 per child, aged four to 12, inclusive of soft beverages.

The hotel is hosting a range of Christmas dinners at its many luxurious restaurants on December 24 and 25.

- La Table Krug will stage a five-course tasting menu for BD60 per person.
- Primavera and Plums



DELIGHTFUL:  
Festive tea

are also offering guests a four-course menu at BD45 per person.

• A la carte menus are available at Cantina Kahlo and Nirvana, with a minimum spend of BD35 per person.

There will be live entertainment at all venues.

Meanwhile, Ritz Gourmet Lounge and Lobby Lounge invite guests to their Festive High Tea until December 31,

from 3pm to 7pm. Indulge in a delightful twist on afternoon tea, and savour a selection of freshly baked scones and cakes. It's priced at BD35 per set, inclusive of tea or coffee, or BD38 per set with one glass of bubbly.

Enjoy the Ritz Gourmet Shop and La Gourmandise Holiday Takeaway until December 31. Relish turkey with trimmings, holiday cakes, festive hampers, minced pies,

SHINY: The hotel lit up for the holiday season



cookies and more. Offers range from BD170 to BD250.

Ring in the New Year in style with La Plage and Thai Lounge's Open Air Countdown Party. Enjoy delicious bites, irresistible music and a grand countdown on December

31, from 7.30pm to 1am. It's priced at BD30 per person, inclusive of two selected beverages. A range of live performances will be staged including three DJ sets, band performances, dancers, percussionists, fire show and roaming acts.

A New Year's Eve

nightclub party will also be held at Al Noor. Immerse yourself in a vibrant electric night of music, dance and rhythm for BD55 per person, inclusive of two glasses of a special beverage.

For more information, contact 17586499.

## MOVIE TIME

**G**ET together with your family and friends and head down to CINECO Seef to watch some of the English language films being shown this weekend.

### WICKED (PG -13)

Misunderstood because of her green skin, a young woman named Elphaba forges an unlikely but profound friendship with Glinda, a student with an unflinching desire for popularity. Following an encounter with the Wizard of Oz, their relationship soon reaches a crossroads as their lives begin to take very different paths.

**Actors:** Ariana Grande, Michelle Yeoh, Jeff Goldblum

**Timings:** 10.30am, 1.45pm, 5pm, 8.15pm, 11.30pm

### THE ORDER (15+)

A series of bank robberies and car heists frightened communities in the Pacific Northwest. A lone FBI agent believes that the crimes were not the work of financially motivated criminals, but rather a group of dangerous domestic terrorists.

**Actors:** Jude Law, Nicholas Hoult, Tye Sheridan

**Timings:** 4pm, 9pm

### ARMOR (PG-15)

Armored truck security guard James Brody is working with his son Casey transporting millions of dollars between banks when a team of thieves led by Rook orchestrate a takeover of their truck to seize the riches.

**Actors:** Sylvester Stallone, Jason Patric, Josh Wiggins

**Timings:** 3.45pm, 9.30pm

### THE RETURN (2024)

(18+)

After 20 years away, Odysseus returns to Ithaca to find his wife held hostage by suitors vying for the throne and son in danger. To reclaim his family and legacy, he must rediscover his strength in this compelling and emotional drama.

**Actors:** Ralph Fiennes, Juliette Binoche, Charlie Plummer

**Timings:** 1.30pm, 6.30pm, 11.30pm

### GLADIATOR II (15+)

From legendary director Ridley Scott, Gladiator II continues the epic saga of power intrigue and vengeance set in ancient Rome.

**Actors:** Paul Mescal, Pedro Pascal, Denzel Washington

**Timings:** 11.15am, 5pm, 10.45pm



HERITAGE: Bahrain National Day celebrations at Hilton



SWEET: Treats at Lamar Cafe and Lounge

## A DECEMBER TO REMEMBER AT HILTON

**U**NWRAP the magic of the holiday season at Hilton Bahrain.

Join Origin Kitchen and Culture's Festive Brunch tomorrow, where mouth-watering flavours and holiday cheer collide from 12.30pm to 4pm. It costs BD28net with unlimited soft beverages, BD39net with unlimited selected beverages and BD25net for military personnel.

The restaurant will also host a Bahrain National Day lunch on December 16, from 12.30pm to 3.30pm. It features live cooking stations, refreshing beverages and delightful surprises for BD18 per person, inclusive of soft beverages. Bahrain CPR holders receive a 50 per cent discount.

For a magical Christmas celebration, book Origin Kitchen and Culture's Nutcracker Christmas Eve Dinner on December 24, from 7pm to 11pm. It costs BD18net with unlimited soft beverages and BD25net with unlimited selected beverages.

There will also be a Nutcracker Christmas Brunch on December 25, from 12.30pm to 4pm. It's priced at BD25 with unlimited soft beverages and BD32 with unlimited selected beverages.

Delight in an array of delicious dishes, epic entertainment and a live countdown at Origin Kitchen and Culture's Midnight Masquerade—A Fairy Tale New Year's Eve Ball on December 31, from 8pm until midnight. It costs

BD30net with unlimited soft beverages, BD55 with unlimited classic beverages, and BD65net with unlimited premium beverages.

Meanwhile, children can let their imaginations run wild with vibrant icing and festive toppings at the Lamar Café and Lounge, on December 21, from 2pm to 5pm. Each child will leave with a box full of beautifully decorated cookies!

For a relaxing Christmas celebration at home, opt for the hotel's Turkey-To-Go. It includes a mustard honey glaze and apple and honey glaze turkey, as well as trimmings for BD60net. It serves six to eight people. Advance payment is required and it's available until December 25.

For more information, call 33692013.

# Leisure Scene

Weekly Entertainment



SPECTACULAR:  
New Year's Day  
Brunch

## GOURMET TREATS IN A FESTIVE AMBIENCE

**M**ARK your calendar for special celebrations at the Four Seasons Hotel Bahrain Bay this month.

The hotel invites guests to embrace the magic of winter with a wonderland-inspired theme at its magnificent lobby and Bay View Lounge Terrace. Adorned with chalet-style decorations and cozy, alpine-inspired details, the space exudes the charm of the Swiss Alps.

Be whisked away by a parade of pastries and sweets with Bay View Lounge's Winter Wonderland Tea Time, curated by executive pastry chef Imad Boukly. It's available everyday, from noon to 9pm, until January

11 and costs BD22 per person for festive tea and BD26 per person for royal afternoon tea.

Celebrate Bahrain National Day at Bay View Lounge with a special tea and bites infused with traditional flavours until December 17, everyday, from noon to 9pm. It costs BD22 per person for Bahraini tea, or BD26 per person inclusive of Bahraini mocktails, karak tea or sparkling apple juice.

A Christmas special set menu for brunch will also be available on December 27, from 12.30pm to 4pm. It's priced at BD70net per person, inclusive of a bubbly beverage package.

Guests can also enjoy a fabulous dining experience at home with the hotel's Christmas Celebration at

Home, from December 22 to 28. The feast, inclusive of a roast turkey and all the trimmings, costs BD105 net and a full festive feast is priced at BD190. Both offers serve six people.

Don't miss out on spectacular New Year's Eve celebrations at CUT by Wolfgang Puck, featuring stunning views of Bahrain Bay and an exclusive a la carte menu curated by executive chef Brian Becher, on December 31.

Relish the one-of-a-kind feast from 7pm to 1am for

FABULOUS: Festive Tea



BD60 per person.

New Year's Eve celebrations are also taking place at Bahrain Bay Kitchen, Byblos, and re/Asian Cuisine.

Welcome 2025 with a fabulous brunch at Bahrain Bay Kitchen. Decked out in its WinterWonderland beauty, the hotel will line up its signature dishes from across the globe for BD40net per person, including the soft beverage package, and BD50 including the extended beverage package. The premium package costs BD70net per person. Children under five years dine with the hotel's compliments, and those aged six to 12 enjoy 50 per cent savings.

For details, call 17115500, 17115044 or 17115046.

## AT THE CLUBS

### CELEBRATION OF TRADITIONS

THE British Club Bahrain is hosting a National Day Party on Monday to celebrate the kingdom's rich history.

There will be a national dress parade, traditional music, creative crafts, henna and fun games.

Entry is free for all.

Meanwhile, guests can also enjoy Pasta Wednesday on the Terrace. The offer includes

all-you-can-eat pasta with unlimited selected beverages at BD15 for members and BD17.500 for non-members.

A food package without beverages is also available at BD10 for members and BD12.500 for non-members.

For more information, contact [reception@britishclubbahrain.com](mailto:reception@britishclubbahrain.com) or call 17728245.

### FUN TIME WITH SANTA

DON'T miss out on the chance to meet Santa Claus at the Bahrain Rugby Football Club in Saar on December 24.

Collect a free invitation from the club's reception and bring it with you on Christmas Eve to enjoy a range of fabulous and festive activities. Children will receive gifts from Santa, all the while enjoying festive carols, from 7pm. Two time slots are available from 4pm to 6pm or 6.30pm to 8.30pm.

For more information, contact 17695809.

### ENTERTAINMENT UNLIMITED

HEAD down to the Dilmun Club for a School Break Winter Party tonight.

It features happy hour from 2pm to midnight, live music, from 8pm and selected beverages from BD2. All teachers can enter the club for free.

Indulge in the club's Christmas takeaway, which includes a roast turkey at BD30 per 5.6kg, or roast beef at BD10 per kg. It also includes roast potato, swede, parsnips, Brussel sprouts, cauliflower cheese, stuffing and steamed vegetables.

For details, call 17690926.



VARIETY: A table decorated for the Christmas celebrations

## JOIN the Royal Golf Club (RGC) for a magical festive journey.

Guests can reserve their Christmas Eve dinner featuring a delicious four-course menu and live entertainment. It will be available for BD25 per person, inclusive of one selected beverage, from 8pm until midnight.

A spectacular Christmas Brunch has been lined up on December 25. Enjoy a traditional buffet with live cooking stations, festive



COOKED TO PERFECTION:  
Roasted turkey

## PAR-TEE AT RGC

music and activities for all ages. It costs BD40 per person, inclusive of a beverage selection and BD15 for children aged five to 12. Children under four dine for free.

For an unforgettable New Year's Eve, book the club's Noche de Rumba, featuring a lavish buffet and live entertainment, on December 31, from 9pm to 2am. It's

priced at BD50net per person, inclusive of selected beverages.

Take the stress out of the kitchen this season with the club's festive gourmet specials. Choose from roasted turkey with glazed root vegetables, sautéed brussels sprouts, mashed potatoes, cranberry sauce, stuffing and gravy for BD50. It serves eight to 10 guests.

A feast for 10 to 12 people is also available for BD60.

Roasted lamb leg is available with glazed root vegetables, buttered beans and broccoli, braised red cabbage, gravy, Yorkshire pudding, mustard and horseradish sauce. It serves six to seven guests and costs BD80.

For more information, contact 39007546.

## SHOWCASING THE BEST OF BAHRAIN

**E**NJOY a range of cultural activities and musical performances at Muharraq Nights this week.

The festival, which runs until December 30, is being organised by the Bahrain Authority for Culture and Antiquities (Baca) and includes a number of food, music and art-related events, all taking place along the 3.5km-long Pearling Path.

An exhibition entitled *Homage to an Artistic Legacy* is being held at the Zowayed House. The exterior facades of the late Bahraini artist Mohammed Zowayed's house transforms into a canvas, reflecting his artistic journey, which spanned over six decades.

Another exhibition titled Salmeen Ghanmeen (II) is being held at the Fakhro House. The house stands as a testament to the island's urban and economic growth. Featuring a blend of returning and new artworks, the exhibition showcases a diverse range of cultural and artistic practices.

Both events are open for viewing from Sunday to Wednesday, 5pm to 10pm or Thursday to Saturday, 5pm to midnight.

Meanwhile, a range of musical performances will be held at Qal'at Bu Mahir at 8pm.

- Artist Abdullah Al Qattan will host a musical evening today (December 12) commemorating the legacy of the late artist Ali Bahar. He will perform some of his most famous songs, which created a lasting impact in the kingdom's creative scene.

- Likwid, one of Bahrain's most popular contemporary pop/rock band will stage a performance on December 15.

- Hasan Abdulrazaq will also stage a performance on December 16, celebrating the beauty and heritage of Bahraini art.

# Pulse of Pop

AROUND THE WORLD IN MUSIC, TV, BOOKS AND MORE - BY RIMA ALHADDAD



DARK:  
The series' poster

## LIVING LIFE TO THE FULLEST

**R**OMANTIC comedy drama film *We Live in Time* is set to release in theatres on December 26.

Directed by John Crowley and screenwritten by Nick Payne, the film follows the relationship of Almut (Florence Pugh) and Tobias (Andrew Garfield,) who embark on a path challenged by the limits of time that teaches them to cherish every moment, as they navigate Almut's cancer diagnosis.

Taking place over the course of a decade, the film implements the use of non-linear storytelling, which skips between three different times in Almut and Tobias' relationship.

"A lot of illness films tend to follow quite a straight path from wellness to unwellness,

you see a decline. That was never the game with this story," John said in an interview.

"The point is to see how two people make meaning out of their remaining time together after mortality comes and taps them on the shoulder," he added.

John revealed that despite the movie tackling a heavy topic, he wanted to make space for Andrew's talents, as he describes him to be a great physical comedian, therefore, he made sure to prioritise balancing grief with humour while working on the film.

He added that he knew the actor would be the perfect choice for playing the role due to his personal experience with grief, having lost his mother to cancer in 2019.



JOYFUL: A scene from the film

**D**ARK comedy series *No Good Deed* is streaming now on Netflix.

The story follows three different families racing to buy the same 1920's Spanish-style house, which they believe is the answer to their problems.

However, they will discover that the home of one's dreams can be a nightmare.

The show particularly focuses on the Morgan family and their conflict - former concert pianist Lydia, a loving, flawed mother, is distraught by the idea of giving up their home, which holds sentimental value to her.

Meanwhile, her spouse Paul is a stressed out, financially struggling contractor who wants to pay off his debts by selling the house.

"We meet them at a little bit of a crossroads, it's a really interesting time in their lives," series creator Liz Feldman said about the couple in an interview.

"We know they're about to go through some major changes. They know they're about to go through some major changes in their lives, but they have no idea how major," she added.

Liz also expressed her joy on working with the two actors, describing Lisa as

one of the most 'unique, surprising, and subversively dark comedians on the planet'.

"I felt so excited to be able to work with her in a capacity where she gets to really go deep as Lydia, and Ray is this instantly likable person who carries so much emotional baggage that you

know is there, but he's so good at hiding it," she said.

Lisa expressed her delight working alongside fellow co-star Ray, calling it a 'dream come true'.

"It's everything I sort of fantasised. I'd see Ray in other things and say, 'God, he's a really good actor. I'd love to work with him, but I

guess that'll never happen'," she said.

When the opportunity presented itself, she was nervous but found the experience to be exactly what she expected.

"He's everything I thought he would be. He's easy. He's effortless. He's a fantastic actor," she added.

**B**RITISH pop trio Saint Etienne are releasing their 12th studio album entitled *The Night* tomorrow.

The band consists of lead singer and songwriter Sarah Cracknell, and co-writers and producers Bob Stanley and Pete Wiggs.

Living up to its title, the album is set to capture the essence of the after-hours by taking the listener through a journey of layered tranquility, offering an ambient escape from the chaos of daily life.

"We were trying to find the state that's between being awake and asleep, that dream space, with half forgotten thoughts drifting in, bits of TV dialogue, place names, streets or football grounds you've never even been to," Bob said in an



TRIO: From left Bob, Pete and Sarah

## SLOWLY DRIFTING

interview.

"You feel very receptive to sound and half-covered memories when you're in that state," he added.

On the creation process,

which started in January and ended in August, Pete expressed joy for the three members to be gathered again in a studio.

"We realised that it had

been several years since we'd actually done that, sprawling out on the carpet, mugs of coffee in hand, sheets of lyrics and half ideas for titles lying

around us," he noted.

Sarah added that the excitement was mainly influenced by the band creating in the same room again - their previous album *I've Been Trying to Tell You* (2021) was made remotely and became their highest-charting project since 1994.

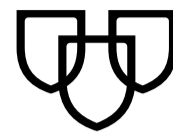
Formed in 1990, Saint Etienne, named after the French football club AS Saint-Étienne, have become known for their immersive storytelling through sound.

They are best known for blending club culture with 1960's pop, alongside other influences.

In the year 2000, they began to pivot towards ambient music with their album *Sound of Water*, and have since continued to jump between experimenting with the sound and returning to their early influences.



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American Mission Hospital



**MAYO CLINIC**  
Care Network

Member

The King Hamad American Mission Hospital has become the newest member of the Mayo Clinic Care Network (MCCN), after a signing ceremony held on 10 December 2024 at the hospital in A'Ali.



King Hamad American Mission Hospital

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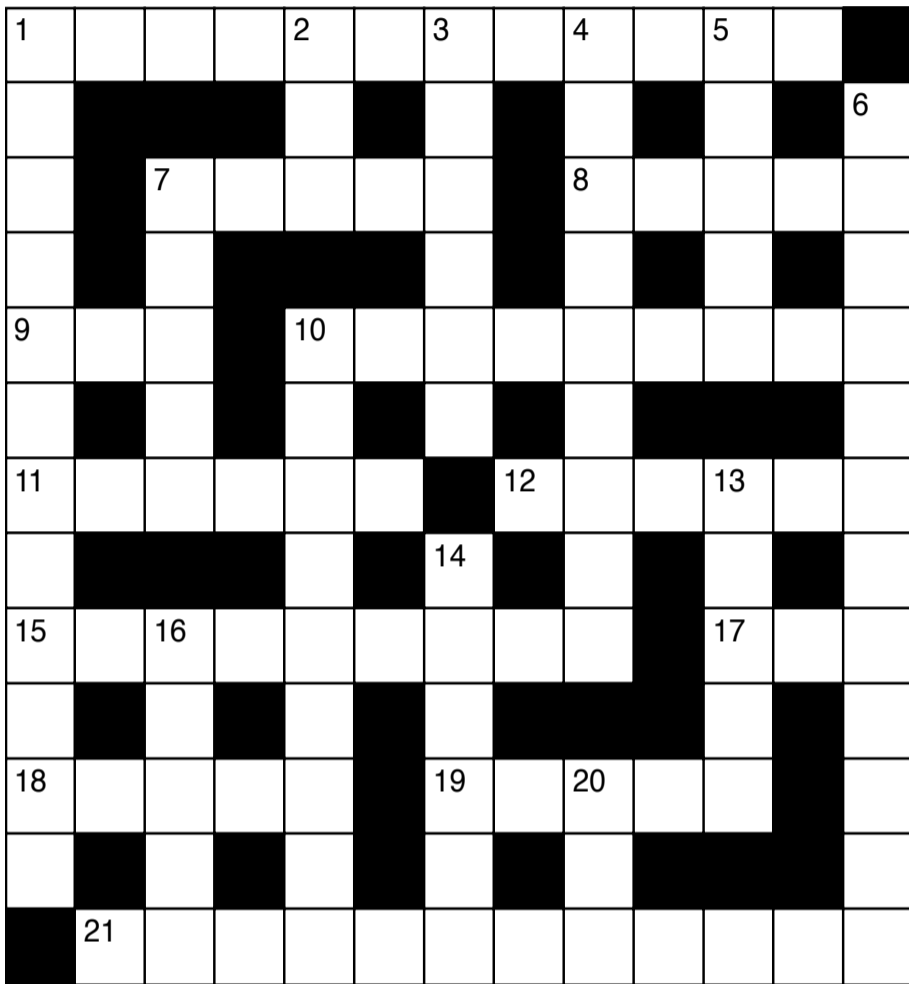
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# Time Out



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## crossword break



Solutions in next week's issue.

### ACROSS

1. Callowness (12)
7. Dominant idea (5)
8. Pretend (5)
9. Mat (3)
10. Partner (9)
11. Tempt (6)
12. Banish (6)
15. Necessary (9)
17. Ovum (3)
18. Subject (5)
19. Region (5)
21. Incomprehensibly (12)

### DOWN

1. Spineless (12)
2. Mine (3)
3. Deny (6)
4. Serviceable (9)
5. Porcelain (5)
6. Clearly (12)
7. Power (5)
10. Building designer (9)
13. Fold (5)
14. Acrid (6)
16. To doubt (5)
20. Fuss (3)

### who, what, where, when

- WHO ... wrote the play *The Confidential Clerk*?  
 WHAT ... nationality was the Nobel Prize-winning author Halldór Laxness?  
 WHERE ... in Europe is the city of Karlovy Vary?  
 WHEN ... did the missionary Gladys Aylward leave London bound for China?  
 WHO ... was the second wife of Henry VIII of England?  
 WHAT ... did Lourenço Marques in Mozambique change its name to in 1975?  
 WHERE ... in Asia is Bacolod City?  
 WHEN ... was the naturalist Sir David Attenborough born?

### just so

might

C

my walk 5280' shoes

GOUDA

## darn tough sudoku

So you think you're good enough at Sudoku to crack this baby? Remember, we were the first in the Gulf to bring you this bit of Japanese mayhem...so we don't kid around

### Last week's sudoku

1	6	7	5	3	9	4	2	8
3	4	9	8	2	1	5	6	7
2	8	5	7	4	6	9	1	3
7	1	2	4	5	8	3	9	6
9	3	4	1	6	2	7	8	5
8	5	6	3	9	7	1	4	2
6	7	1	9	8	3	2	5	4
5	2	3	6	1	4	8	7	9
4	9	8	2	7	5	6	3	1

9	5	1	8	2	4	3	6	7
6	7	8	9	5	3	1	2	4
3	4	2	7	6	1	5	8	9
4	1	9	3	8	5	2	7	6
7	3	5	6	9	2	4	1	8
8	2	6	4	1	7	9	3	5
5	8	7	1	3	9	6	4	2
2	6	3	5	4	8	7	9	1
1	9	4	2	7	6	8	5	3

### darn tough sudoku

8	6	7	3	4	5	1	9	2
2	3	1	7	9	8	5	6	4
5	4	9	1	6	2	7	3	8
3	9	4	8	1	6	2	7	5
1	5	8	2	3	7	6	4	9
6	7	2	9	5	4	8	1	3
7	2	6	4	8	9	3	5	1
9	8	3	5	7	1	4	2	6
4	1	5	6	2	3	9	8	7

Sudoku

7		5					3	1
	1		7	2	3	6		
4				5		2		
			3			8	7	
1		7	9	6	2	5		
	3	2						9
		1		3			9	6
		9	2	4		3		
3	4				1			8

Sudoku

1					2	3		
			9	2		8		
	7	8		1				5
	2		1			9	8	
			7		6			
4	8			3	9		5	
5				6		8	4	
	9			2			7	3
	1	4				6		

### Last Week's Leisure Solutions

#### CROSSWORD BREAK:

**Across:** 4 Abstain; 8 Immune; 9 Asinine; 10 Allied; 11 Intern; 12 Rotation; 18 Patience; 20 Gringo; 21 Addict; 22 Turmoil; 23 Select; 24 Shelter.

**Down:** 1 Bizarre; 2 Emulate; 3 Invent; 5 Bassinet; 6 Tenets; 7 Ignore; 13 Impolite; 14 Enliven; 15 Testate; 16 Trough; 17 Animal; 19 Indeed.

**JUST SO:** A bird in the hand, Doctor's orders, Odd man out, Two peas in a pod

**WHO, WHAT, WHERE, WHEN:** Yes; Erie Canal; Chile; 1960; The Persians; Eat it, it is fried rice; Luzon, Philippines; 1962.

### Darn Tough Sudoku

			7					
4	3	5	9			8		
	7		3				5	4
						7		5
	5						6	
6		1						
8	1				6		3	
		3			8	5	1	2
					9			

Your work pad space ...